Almost 90% of people age 65 and over would like to remain in their homes and communities as long as possible.

As we age, many of us will experience temporary or long-term functional challenges. Small to moderate modifications to a home can help someone navigate these challenges within their home. It’s often less expensive than the cost of moving or senior living alternatives.

### Simple Adjustments

- **Remove anything that could be a trip hazard in the home.** Items include rugs, cords, cluttered furniture, and other items that create a challenging walking path.
- **Devices like Alexa or Google Home pair with in-home monitoring services and may have alerts for burglary, fires and carbon monoxide poisoning. Many of these devices can sync up with smart phones to call loved ones if a person needs help.**
- **Install lever style-doorknobs.** These are easier to grip for people who have arthritis or other conditions that limit motion.
- **Install grab bars in bathrooms and other strategic areas to help prevent slips and falls.**

### Larger-Scale Projects

- **Add a wheelchair ramp. Additionally, an elevator or chairlift that attaches to the stairs may help older adults move between floors.**
- **Install a walk-in shower with grab bars and a slip-resistant sitting area.**
- **Adjust countertops to stand at an accessible 30 inches off the floor to make them easier to use for someone using a wheelchair or scooter.**
- **If doorways are narrow, consider expanding them to accommodate a wheelchair or other mobility device.**

### Resources

The following organizations can provide more information about home modifications and renovations for aging in place:

- **USC School of Gerontology Falls Center**
- **rebuildingtogether.org**