Sentinel Awards Honorees for Mental Health

Over the years, HH&S has honored shows for their episodes about mental health—including storylines that spotlighted topics such as depression, postpartum depression, bipolar disorder and PTSD.

- **2021 Muppet Babies** (Disney Junior)
  “Rowlf Gets the Blues”
  Children’s emotional well-being

- **2021 Physical** (Apple TV+)
  “Let’s Do This Thing”
  Body anxiety and eating disorders

- **2021 New Amsterdam** (NBC)
  Season 3 body of work; recipient of the “Imagining a Culture of Health Award”

- **2020 Normal People** (Hulu)
  “Episode 10”
  Mental health

- **2019 One Day at a Time** (Netflix)
  “Anxiety”
  Mental health

- **2018 One Day at a Time** (Netflix)
  “Hello, Penelope”
  Depression

- **2017 This Is Us** (NBC)
  “Jack Pearson's Son”
  Mental health

- **2017 You’re the Worst** (FXX)
  “Twenty-Two”
  PTSD

- **2016 Madam Secretary** (CBS)
  “Invasive Species”
  Suicide, grief and mental health

- **2016 Last Week Tonight with John Oliver** (HBO)
  Broken U.S. mental health-care system

- **2015 Madam Secretary** (CBS)
  “Face the Nation”
  PTSD

- **2014 Crisis Hotline: Veterans Press 1** (HBO)
  PTSD

- **2013 Call Me Crazy: A Five Film** (Lifetime)
  Mental illness

- **2012 Dream On** (USA)
  “Necessary Roughness”
  Bipolar disorder

- **2012 Homeland** (Showtime)
  “The Vest”
  Bipolar disorder

- **2010 Private Practice** (ABC)
  “Triangles”
  Schizophrenia

- **2010 Sesame Workshop** (PBS Primetime Special)
  “Families Stand Together”
  Mental health / financial stress

- **2010 Sesame Workshop** (PBS Primetime Special)
  “When Families Grieve”
  Mental health / grief and bereavement

- **2009 Sesame Workshop** (PBS Primetime Special)
  “Coming Home: Military Families Cope With Change”
  PTSD

- **2007 Scrubs** (NBC)
  “My Friend With Money”
  Postpartum depression