

Sentinel Awards

Sentinel Awards Honorees for Mental Health

Over the years, HH&S has honored shows for their episodes about mental health—including storylines that spotlighted topics such as depression, postpartum depression, bipolar disorder and PTSD.

2021 *Muppet Babies* (Disney Junior)

“Rowlf Gets the Blues”

Children’s emotional well-being

2021 *Physical* (Apple TV+)

“Let’s Do This Thing”

Body anxiety and eating disorders

2021 *New Amsterdam* (NBC)

Season 3 body of work; recipient of the

“Imagining a Culture of Health Award”

2020 *Normal People* (Hulu)

“Episode 10”

Mental health

2019 *One Day at a Time* (Netflix)

“Anxiety”

Mental health

2018 *One Day at a Time* (Netflix)

“Hello, Penelope”

Depression

2017 *This Is Us* (NBC)

“Jack Pearson’s Son”

Mental health

2017 *You’re the Worst* (FX)

“Twenty-Two”

PTSD

2016 *Madam Secretary* (CBS)

“Invasive Species”

Suicide, grief and mental health

2016 *Last Week Tonight with John Oliver* (HBO)

Broken U.S. mental health-care system

2015 *Madam Secretary* (CBS)

“Face the Nation”

PTSD

2014 *Crisis Hotline: Veterans Press 1* (HBO)

PTSD

2013 *Call Me Crazy: A Five Film* (Lifetime)

Mental illness

2012 *Dream On* (USA)

“Necessary Roughness”

Bipolar disorder

2012 *Homeland* (Showtime)

“The Vest”

Bipolar disorder

2010 *Private Practice* (ABC)

“Triangles”

Schizophrenia

2010 *Sesame Workshop* (PBS Primetime Special)

“Families Stand Together”

Mental health / financial stress

2010 *Sesame Workshop* (PBS Primetime Special)

“When Families Grieve”

Mental health / grief and bereavement

2009 *Sesame Workshop* (PBS Primetime Special)

“Coming Home: Military Families Cope With Change”

PTSD

2007 *Scrubs* (NBC)

“My Friend With Money”

Postpartum depression